

JEREMY L. SMITH

PSYCHOTHERAPIST & NEUROSCIENTIST

CONTACT

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www.jlsmithphd.com/work
An employer-facing site focused on both neuroscience consulting and psychotherapy credentials.

amalatma.com
A client-facing site for my planned private practice.

SKILLS

- Medical Family Therapy
- Integrated Behavioral Health
- EMDR
- Clinical hypnotherapy
- Internal Family Systems
- Emotion-Focused Therapy (EFT)
- Focused ACT (fACT)
- CBT/CBT-I
- Clinical Neuroscience

EDUCATION

National University
2021-2024
MAMFT, Marriage & Family Therapy

Utica University
2018-2020
MSDS, Data Science

Michigan State University
2002-2008
PhD, Neuroscience

Georgia State University
1998-2002
BS, Molecular Biology

PROFILE

I am a credentialed neuroscientist who brings 20 years' experience in clinical and cognitive research to integrated behavioral health and private-practice psychotherapy. I take a compassionate, humanistic, systems-oriented, yet evidence-based, approach to every patient and client. I leverage both an experiential orientation and manualized interventions including EMDR, CBT, fACT, and clinical hypnotherapy in my work with individuals, couples, and families across the lifespan. I also plan to continue contract work in research to bridge these two fields under a scientist-practitioner model.

LMFTA license #MG61593228 (WA, pending)

EXPERIENCE

Behavioral Health Intern, Wellstar Family Medicine

2023-2024

Provided integrated behavioral health services at a large primary care clinic and local hospital in Atlanta. Services included episodic assessments and consults and inpatient rounding as well as traditional psychotherapy. Leveraged motivational interviewing, focused ACT, internal family systems (IFS), EMDR, CBT, and humanistic-experiential techniques under skilled supervision. Provided training for residents and staff, including a seminar on mild cognitive impairment and dementia.

Associate Scientist, Emory University School of Medicine

2019-2024

Collaborated on human and animal neuroimaging projects with diverse teams across in- and out-of-state institutions. Projects included epilepsy, Alzheimer's, chronic pain syndromes, mild TBI, and mindfulness interventions in healthcare practitioners and trainees. Provided analytic services for structural, functional, and spectroscopic MRI data.

Owner/Neural Data Scientist, Bold & Stark LC

2015-present

Provided contract analytics, communications, visualization, education, and programming services to federal, state, and private institutions. Past projects included data analysis on a rodent model of Alzheimer's disease, scientific technical writing for the CDC and USDA, and technical production consultation for a local PBS affiliate's series on high school physics.

OTHER WORK EXPERIENCE

Museum Educator/STEM specialist, Stepping Stones Museum for Children **2014-2015**
Associate Faculty, Albert Einstein College of Medicine **2009-2014**
Postdoctoral Research Fellow in Medical Physics, Nathan S. Kline Institute **2006-2009**

CERTIFICATIONS AND TRAINING

- 2025** **Certified Clinical Hypnotherapist**
Wellness Institute An NBCCH-certified program with 60 hours didactic training and 30 hours supervised practicum using trauma-informed hypnotherapy to treat PTSD, addiction, anxiety, relational issues, dissociation, eating disorders, and pain disorders in adults and children.
- 2024** **EMDR-Trained Therapist**
EMDR-HAP A two-part, EMDRIA-accredited, intensive program covering case conceptualization, treatment planning, and trauma-informed implementation of the eight phases of EMDR for PTSD, mood and anxiety issues, addiction, specific and process phobias, and other presentations, with didactic, practicum, and supervision components.
- 2024** **CBT for Insomnia (CBT-I)**
CBTweb Evidence-based assessment, cognitive-behavioral interventions, and treatment of insomnia in civilians and veterans, including use of the Structured Clinical Interview for DSM-5 Sleep Disorders-Revised (SCISD-R).

SELECTED PUBLICATIONS

- Smith JL.** (in preparation) *The Family Guide to Dementia Caregiving*. ISBN not yet assigned.
- Behnke JA, Ahluwalia V, **Smith JL**, et al. (2024) Assessment of white matter microstructure integrity in subacute postconcussive vestibular dysfunction using NODDI. *Imaging Neuroscience*. doi: [10.1162/imag_a.00147](https://doi.org/10.1162/imag_a.00147)
- Smith JL** et al. (2023) Visuo-vestibular and cognitive connections of the vestibular neuromatrix are conserved across age and injury populations. *Journal of Neuroimaging*. doi: [10.1111/jon.13136](https://doi.org/10.1111/jon.13136)
- Harper DE, Gopinath K, **Smith JL**, et al. (2023) Characterization of visual processing in temporomandibular disorders using functional magnetic resonance imaging. *Brain and Behavior*. doi: [10.1002/brb3.2916](https://doi.org/10.1002/brb3.2916)
- Smith JL** et al. (2023) Eagle-449: A volumetric, whole-brain compilation of brain atlases for vestibular functional MRI research. *Nature: Scientific Data*. doi: [10.1038/s41597-023-01938-1](https://doi.org/10.1038/s41597-023-01938-1)
- Smith JL** et al. (2022) Topology of pain networks in patients with temporomandibular disorder and pain-free controls with and without concurrent experimental pain: A pilot study. *Frontiers in Pain Research*. doi: [10.3389/fpain.2022.966398](https://doi.org/10.3389/fpain.2022.966398)
- Engel MG, **Smith JL**, et al. (2022) Evidence for preserved insulin responsiveness in the aging rat brain. *GeroScience*. doi: [10.1007/s11357-022-00618-z](https://doi.org/10.1007/s11357-022-00618-z)
- Woodbury A, Krishnamurthy LC, Bohsali A, Krishnamurthy V, **Smith JL**, et al. (2022) Percutaneous electric nerve field stimulation alters cortical thickness in a pilot study of veterans with fibromyalgia. *Neurobiology of Pain*. doi: [10.1016/j.nypai.2022.100093](https://doi.org/10.1016/j.nypai.2022.100093)
- Smith JL** et al. (2022) The "vestibular neuromatrix": A proposed, expanded vestibular network from graph theory in post-concussive vestibular dysfunction. *Human Brain Mapping*. doi: [10.1002/hbm.25737](https://doi.org/10.1002/hbm.25737)
- Smith JL** et al. (2021) Impact of app-delivered mindfulness meditation on functional connectivity, mental health, and sleep disturbances among physician assistant students: Randomized, wait-list controlled pilot study. *JMIR Formative Research*. doi: [10.2196/24208](https://doi.org/10.2196/24208)
- Smith JL** et al. (2020) The impact of app-delivered mindfulness mediation on functional connectivity and self-reported mindfulness among health profession trainees. *Mindfulness*. doi: [10.1007/s12671-020-01502-7](https://doi.org/10.1007/s12671-020-01502-7)
- Ezzati A, Zimmerman ME, Katz MJ, Sundermann EE, **Smith JL**, et al. (2014) Hippocampal subfields differentially correlate with chronic pain in older adults. *Brain Research*. doi: [10.1016/j.brainres.2014.05.025](https://doi.org/10.1016/j.brainres.2014.05.025)
- Bae ON, Rajanikant K, Min J, **Smith JL**, et al. (2012) Lymphocyte cell kinase mediates neuroprotection during ischemic preconditioning. *Journal of Neuroscience*. doi: [10.1523/jneurosci.6273-11.2012](https://doi.org/10.1523/jneurosci.6273-11.2012)
- Smith JL** (2007) *Neurodynamics of Episodic Memory Consolidation* (Doctoral dissertation). ISBN: 978-0557062478
- Passarotti AM, **Smith JL**, et al. (2007) Developmental differences in the neural bases of the face inversion effect show progressive tuning of face-selective regions to the upright orientation. *NeuroImage*. doi: [10.1016/j.neuroimage.2006.07.045](https://doi.org/10.1016/j.neuroimage.2006.07.045)
- Zemke D, **Smith JL**, et al. (2004) Ischemia and ischemic tolerance in the brain: an overview. *NeuroToxicology*. doi: [10.1016/j.neuro.2004.03.009](https://doi.org/10.1016/j.neuro.2004.03.009)