

JEREMY L. SMITH

PSYCHOTHERAPIST & NEUROSCIENTIST

CONTACT

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www.jlsmithphd.com/work
An employer-facing site focused on both neuroscience consulting and psychotherapy credentials.

amalatma.com
A client-facing site for my planned private practice.

SKILLS

- Medical Family Therapy
- Integrated Behavioral Health
- EMDR
- Internal Family Systems
- Focused ACT
- CBT/CBT-I
- Clinical Neuroscience

EDUCATION

National University
2021-2024
MAMFT, Marriage & Family Therapy

Utica University
2018-2020
MSDS, Data Science

Michigan State University
2002-2008
PhD, Neuroscience

Georgia State University
1998-2002
BS, Molecular Biology

PROFILE

I am a credentialed neuroscientist who brings 20 years' experience in clinical and cognitive research to integrated behavioral health and private-practice psychotherapy. I take a compassionate, humanistic, systems-oriented, yet evidence-based, approach to every patient and client. I leverage both an experiential orientation and manualized interventions including EMDR, CBT, fACT, and clinical hypnotherapy in my work with individuals, couples, and families across the lifespan. I also plan to continue contract work in research to bridge these two fields under a scientist-practitioner model.

LMFTA license #MG61593228 (WA)

EXPERIENCE

Specialty Behavioral Health Counselor, Unity Care NW

March 2025-present

Individual and group counseling, including patient assessment, education, consultation, and advocacy, in collaboration with primary care providers where appropriate.

Behavioral Health Intern, Wellstar Family Medicine

2023-2024

Provided integrated behavioral health services at a large primary care clinic and local hospital in Atlanta. Services included episodic assessments and consults and inpatient rounding as well as traditional psychotherapy. Leveraged motivational interviewing, focused ACT, internal family systems (IFS), EMDR, CBT, and humanistic-experiential techniques under skilled supervision. Provided training for residents and staff, including a seminar on mild cognitive impairment and dementia.

Associate Scientist, Emory University School of Medicine

2019-2024

Collaborated on human and animal neuroimaging projects with diverse teams across in- and out-of-state institutions. Projects included epilepsy, Alzheimer's, chronic pain syndromes, mild TBI, and mindfulness interventions in healthcare practitioners and trainees. Provided analytic services for structural, functional, and spectroscopic MRI data.

Owner/Neural Data Scientist, Bold & Stark LC

2015-present

Provided contract analytics, communications, visualization, education, and programming services to federal, state, and private institutions. Past projects included data analysis on a rodent model of Alzheimer's disease, scientific technical writing for the CDC and USDA, and technical production consultation for a local PBS affiliate's series on high school physics.